



Norway-Paris Kiwanis

Officers 2009-2010

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Directors 2009-2010

1 year:

Phil Corneliusen
Tina Ruhland

2 year:

Chris Longley
Tony Butterall

3 year:

MaryAnna Palmer
Kathy Laplante

www.npkiwanis.org

PO Box 174
Norway ME 04268

Next meeting: 7:30 a.m. Jan. 21, Harper Center

Program: New member orientation and Foundation installation; Directors' meeting
Jan. 7 attendance: 21/50 members; 24 total — No 50-50

GUESTS: Don Clifton of Diana and Builders Brenna Foster and Veronica Garey.

HAPPY/SAD \$\$\$

Maureen Howard - For the second week in a row, she forgot the 50-50. The bag is in her "other" car (and the dog ate her homework). She would have put in more than \$2 but that's all she had. I'm guessing she started the day with \$10. The \$8 for lunch "ate" up the rest.

Mary Ann Brown - Big game coming up between Lake Region girls and Greely (Sorry - Lake Region lost that one 55-50 and again Saturday night vs. Cape Elizabeth, 38-34). I see tears and sad dollars in our future.....

Jean Millett - Happy because she has started a new job with Norway Savings Bank and still will be able to continue her closings with Dow's Law Office.

Buddy Coffren - Got a call from Billy Newell to look at a car, which means you end up buying a car from Bill Newell. It was a good deal but the best part was the compliment Bill gave him about his granddaughter, Brenna. Bill was impressed with the 12-year-old, who didn't complain and was well-behaved during the five-hour ordeal.

Cindy Hakala - reminded everyone about her daughter's dinner Saturday night to raise money for Breast Cancer awareness.

Kathy Laplante - Her granddaughter's team scored 22 points the other night and she had 18 of them.

ANNOUNCEMENTS

President Tina reminded us that this month's breakfast meeting will feature new member orientation (veteran members might learn something also) as well as installation of the officers for the Kiwanis Charitable Foundation. They are the same as Kiwanis except John Cox is treasurer and Mary Ann is asst. treasurer. ☞ Turnkey Homes of Oxford wrote that all the toys donated were given out in Oxford County. ☞ Ryan Ricci of Oxford, recipient of a \$500 Key Club scholarship, wrote thanking the club and noted that the money bought his culinary textbooks at Johnson & Wales University in Providence, RI. ☞ Mary Ann Brown reported that

the dance committee is forming for the April dance we co-sponsor with Rotary to benefit Special Olympics. It will be called the Ray Brown Memorial this year. The location is yet to be determined. ☞ Phil Corneliusen reported that Bill Eaton removed the wreaths that adorned the Main Street side of the high school fence. Thanks, Bill. ☞ Volunteers needed for Tuesday's make-up boys' basketball game. Contact Tina if you can help out.

SPEAKER

Lynne Roy, RN and MLA, executive director of the Norway Rehabilitation and Living Center, talked about long term care as well as



deciding between home, hospital and a facility such as Norway for our aging loved ones. She discussed the numerous (and confusing) funding programs available such as Medicare, Medicaid and MaineCare. One benefit is the 30-day window with Medicare that allows a hospital patient that has gone home to access benefits if the need arises in the first month. Lynne began her career in health care 14 years ago as an R.N. in Oncology and moved into long-term care with multi-level training. She discussed the various stages of long-term care progress. Assisted living is one step above independence and essentially only requires the assistance of one person. As a patient's situation changes, residential care provides assistance with meals, medication, bathing, etc. If the patient progresses to having a hard time getting out of bed or experiences increasing incontinence, then two people may become involved. She also talked about the numerous changes in the nursing home world and the focus on quality of life

and "resident center care," the standard that is coming. Nursing homes will be rated and that assessment will be available on-line. Facilities welcome visits and "just drop in. Most will have someone there to take you on a tour. What you want to make sure you're looking at is that you're comparing apples to apples." Most facilities have a bottom line price but the programs are usually tiered for the services provided: the more care required, the more cost involved. Thanks to Lynne for speaking to us.

Speaker Schedule

Jan 28 - ??? - Oxford Advent Church
 Feb. 4 - John Williams, Oxford Hills Chamber renewed Exec.
 Dir. - Bill Eaton, program chair - S Paris Cong.
 Feb. 11 - Dick Gaisford - Norway Congregational Church
 Feb, 18 - Rev. Frank Jewett - 7:30 a.m. Harper Center
 Feb. 25 - Sarah Glynn - Oxford Advent

March 4 - Dick Gleason - Charlie Eshbach, President of the
 Portland Sea Dogs - South Paris Congregational
 March 11 - Stuart Goodwin - Norway Congregational
 March 18 - Spiritual Aims - Harper Center
 March 25 - Cindy Hakala - Oxford Advent
 April 1 - Bill Haynes: Humorist John McDonald - Paris Cong.

Glimpses of yesteryear



Joe Cerny is honored for his service as treasurer of the club by President Kevin Swan (1996).
 At right, longtime Secretary Frank Towne (1952-70) and Past President Warren Harriman
 (1954) photographed at a meeting in the early 1980s.

And from

The Far Side®



"Hey! Where's everybody going? / still have one or two empty stomachs."